



HOLD A WOMAN

4 Walls - 40 Count – Improver/ Easy Intermediate , Tag- 16 counts after wall 2 and 4

Choreographed by:- Karen Kennedy (Scotland) January 2013

Music:- Hold A Woman by Bucky Covington, cd Good Guys

Downloads available from Itunes, Amazon and Legalsounds

16 count intro- Start just before vocals (14 seconds approx)

CROSS ROCK, ¼ CHASSE, ¼ PIVOT TURN, LEFT CROSS SHUFFLE

- 1 -2 Cross rock right over left, recover on the left
- 3&4 Step right to right side, close left next to right, turn right ¼ right (3)
- 5 -6 Step forward on left, pivot ¼ turn right (6)
- 7&8 Cross left over right, step right beside left, cross left over right

TURN ¼ . TURN ½ , CHASSE RIGHT, CROSS ROCK, ¼ CHASSE LEFT

- 1 -2 Turn ¼ left stepping back on right(3) turn ½ turn left stepping forward on left(9)
- 3&4 Step right to right side, close left beside right, step right to right side
- 5 -6 Cross rock left over right, recover on left
- 7&8 Step left to left side, close right to left, turn left ¼ left (6)

½ PIVOT TURN, ½ SHUFFLE, FULL TURN BACK, LEFT COASTER STEP

- 1 -2 Step forward on right, pivot ½ turn left (12)
 - 3&4 ½ shuffle turn stepping right, left, right (6)
 - 5 -6 ½ turn left stepping forward on left (12), ½ turn stepping back on right (6)
- Easy Option :- Walk back left, walk back right
- 7&8 Step back on left, step back on right, step left forward

FULL TURN, TURN ¼ LEFT ,TOGETHER, ¼ TURN RIGHT, ¼ PIVOT, LEFT CROSS SHUFFLE

- 1 -2 Turn ½ left stepping back on right (12), turn ½ left stepping forward on left (6)
- 3&4 Turn ¼ left stepping right to right side(3) , close left next to right, turn right ¼ right(6)
- 5 -6 Step forward on left, pivot ¼ turn right
- 7&8 Cross left over right, close right beside left, cross left over right (9)

½ TURN LEFT, RIGHT LOCK FORWARD, ½ PIVOT TURN, LEFT LOCK FORWARD

- 1 -2 Turn ¼ left stepping back on right, turn ¼ left stepping forward on left (3)
- 3&4 Step forward on right, lock left behind right, step right forward
- 5 -6 Step forward on left, pivot ½ right (9)
- 7&8 Step forward on left, lock right behind left, step left forward (9)

START AGAIN

TAG – 16 Counts - Add the following tag after wall 2 and 4 (Facing back and front wall)

CROSS ROCK, CHASSE RIGHT, CROSS ROCK, CHASSE LEFT

- 1 -2 Cross rock right over left, recover on left
- 3&4 Step right to right side, close left next to right, step right to right side
- 5 -6 Cross rock left over right, recover on right
- 7&8 Step left to left side, close right next to left, step left to left side

½ PIVOT TURN, ½ SHUFFLE, FULL TURN BACK, LEFT COASTER STEP

1 -2 Step forward on right, pivot ½ turn left (6)

3&4 ½ shuffle turn left stepping right, left, right (12)

5 -6 Turn ½ left stepping forward on left (6), turn ½ left stepping back on right (12)

Easier Option:- Walk back left, walk back right

7&8 Step back on left, step back on right, step forward on left (12)