

BREATHE LIFE

Choreographed by - Tina Summerfield – Nuline (UK) - Nov 2012
Choreographed to - Flower by Kylie Minogue - Available on iTunes
32 Count – 4 Wall Intermediate Level
Intro – 16 Counts
No tags or restarts!

Section 1: Cross **R** , Scissor step, Step **R** back $\frac{1}{4}$ turn **L**, Step **L** Forward $\frac{1}{2}$ turn **L**, Step **R** Side $\frac{1}{4}$ turn **L**, Back rock **L**, Recover , Step **L** side , Step **R** Behind , Step **L** side.

1-2&3 Cross right over left, Step left to left side, close right beside left, cross left over right
4&5 Step back on right $\frac{1}{4}$ turn left, step forward on left $\frac{1}{2}$ turn left, step right big step to right side $\frac{1}{4}$ turn left (12.00)
(Easier option: Counts 4&5 Step right side, step left behind right, step right to right side)
6&7 Rock back on left, recover to right, step left to left side,
8& Cross right behind left, step left to left side.

Section 2: Cross rock on **R**, Recover, Step **R** forward $\frac{1}{2}$ turn **R** to diagonal, step **L** forward, Full turn **L** on diagonal, Sweep **R** $\frac{1}{8}$ turn **L** , Cross **R** , Step **L** side, Step **R** behind. Sweep back, Step **L** behind, Step **R** side

1-2&3 Cross rock on right , recover to left, step right forward $\frac{1}{2}$ turn to diagonal, step left forward (4.30)
4&5 Step back on right $\frac{1}{2}$ turn left, step forward on left $\frac{1}{2}$ turn left, sweep right forward $\frac{1}{8}$ turn left (3.00)
(Easier option: counts 4& walk forward right, left)
6&7& Cross right over left, step left to left side, step right behind left, sweep left back
8& Step left behind right, step right to right side

Section 3: Cross rock on **L**, Recover, Step **L** side, Cross rock **R**, Recover, Ball cross, Hitch **R** , Cross **R**, Step back on left $\frac{1}{4}$ turn **R**, Run back x 2 ,

1-2& Cross rock on left, recover to right, step left small step to left side,
3-4&5& Cross rock on right, recover to left, step right small step to right, cross left over right, hitch right across left knee
6 -7 Cross right over left, step back on left making $\frac{1}{4}$ turn right (6.00)
8& Run back Right, Left (or full turn right)

Section 4: Step **R** side $\frac{1}{4}$ turn **R**, Rock back on **L**, Recover, Step **L** side, Rock back on **R**, Recover, Step **R** back $\frac{1}{2}$ turn left, Rock back on left, Recover Step **L** forward with full spiral turn **R**

1-2&3 Step right big step to right side $\frac{1}{4}$ turn right, rock back on left, recover to right, step left to left side (9.00)
4&5 Rock back on right, recover to left, step right back $\frac{1}{2}$ turn left (3.00)
6 -7 Rock back on left, recover to right (this should have a gentle swaying action)
8 Step left forward hooking right across left ankle making full turn right (3.00)
(Easier option Count 8 Walk forward left)

