

Introducing Karen Kennedy

Karen has been a Dance Teacher since July 2008 when she Qualified as a Dance Instructor with BWDA and in December 2010 joined the British Stage Dance Association. In August 2008 Karen started a Class in the Downfield Football Club and the class is really busy every Monday evening. The class covers beginners, Improvers and Intermediate dancers (see under Classes in Scotland). Karen also teaches in various Sheltered Housing Complex's in Dundee which is sometimes paid for by The Open Fund which is for older people in the community. On a Tuesday Karen has a class in the Douglas Boys Club and on a Wednesday in Morvan Sheltered Housing.

Karen has danced since 1996 and was taught by some of the best dance teachers in the Dundee area but decided to become a dance teacher when she lost her job when the factory she worked in for over 24 years closed down. What was a hobby for a long time was to become a way of earning a living and in January 2011 decided to join Nuline Dance and is excited at the opportunity to encourage new people to become interested and enjoy this form of dance which covers all genres of music and dance whilst gaining a low impact workout.

Contact Karen on karen@nulinedance.com